



**Boulevard  
Elementary School**  
CH-UH Schools  
  
Nov./Dec. 2009  
Volume 2, Issue 2

SPONSORED BY HEIGHTS PARENT CENTER

# HPC Parent Resource Center

## Center Hours:

**Mondays: 8:30 - 10:30 a.m., 3:00 - 5:00 p.m.**

**Fridays: 8:30 - 10:30 a.m., 3:00 - 5:00 p.m.**

or call 321-0079 to plan a visit that fits your schedule.

**Family Liaison - Trena Saxon**

**t.saxon@sbcglobal.net**

The Parent Resource Center is located on the 2<sup>nd</sup> floor ramp behind the computer lab. The center contains a library full of resources for parents: books, DVD's and activities for parents to borrow.

## VOLUNTEERS NEEDED

Heights Parent Center Volunteer Advisory Committee

The Parent Advisory Committee will be made up of two parents from each elementary school, ideally one from grades K-2 and the other from grades 3 - 5. The purpose of this committee is to help the Center better serve the needs of families in the schools.

Committee members will help HPC by being our "eyes and ears on the ground":

- o Gather ideas about what parents want and need (for example, suggested topics for parent discussion groups)
- o Solicit feedback on current programs
- o Generate ideas about ways to communicate with school families
- o Raise awareness among the school community of resources available to them through HPC

The committee will meet as a whole once in January to discuss implementing its role and a second time in March to share what their members have learned. In between, the two committee members from each school will stay in touch with the Family Liaison for their school. An ongoing schedule of committee meetings will be established by the group.

Call Tracy Hill at (216) 321-0079 if you are interested in serving on this committee.

## Take Home Phonics and Literacy Activities Available Now!

Heights Parent Center staff was busy all summer, and part of the fall, preparing home phonics and literacy activities for kindergarten to 5<sup>th</sup> grade students.

These fun, multi-sensory phonics and literacy activities are aligned with the Ohio Content Standards for Language Arts. They will help you work with your child to build the critical skills needed to succeed.

You may check out one activity a week. Please return activities to the HPC return box in the main office.

These phonics and literacy activities were made possible through a grant from the Ronald and Isabel Brown Fund at the Jewish Community Federation. Mr. Brown, a former president of the CH-UH Board of Education, established the fund to support parent involvement in the schools. Access to these funds was made possible with the assistance of Sue Pardee, CH-UH Development Coordinator.

## Join Us at the Usborne Book Sale

held at HPC's "Little Heights" Family Literacy Playroom at the Lee Road Main Library.

**Thurs., Nov. 12th  
4:15 pm - 8pm**

**Sat., Nov. 14th  
10 am - 1 pm**



A great source for holiday gifts!

**UPCOMING EVENTS and COMMUNITY RESOURCES!**

**Parent Roundtable Discussions**

Location: Boulevard Elementary School, Cafeteria  
 Wednesdays, 6:00 – 8:30 p.m.  
 Dinner and Childcare provided  
 Open to all CH-UH families

**Women’s Roundtable**

- Nov. 11<sup>th</sup> Talking About Difficult Issues
- Jan. 20<sup>th</sup> Women Raising Boys
- Feb. 17<sup>th</sup> Parenting in the Age of the World Wide Web
- March 24<sup>th</sup> Helping the Angry and Troubled Child
- April 28<sup>th</sup> Discipline or Punishment? Are Your Strategies Working?

**Men’s Roundtable**

- Dec. 9<sup>th</sup> Maintaining Healthy Relationships
- Feb. 3<sup>rd</sup> Talking About Difficult Issues
- March 3<sup>rd</sup> Stress and Its Effect on Parenting
- April 24<sup>th</sup> Discipline or Punishment? Are Your Strategies Working?
- May 19<sup>th</sup> Open Discussion

**Lead Poisoning Workshop**

**What you need to know as a parent**

Do you worry about lead in your home? Since the Heights area is full of older homes families are often concerned with the possibility of the presence of lead in the house.

If you worry about lead in your home join us to learn about the dangers

- What is lead poisoning?
- How does lead affect your child?
- How is lead poisoning treated?
- How to prevent exposure

November 20<sup>th</sup> @ Heights Parent Center  
 10-11:30 a.m.

*Workshop is free and childcare will be provided*

Please register by November 15<sup>th</sup> by calling Heights Parent Center (216) 321-0079

Presented by CWRU Frances Payne Bolton, School of Nursing, MSN Students and Heights Parent Center

**HPC’s Illness Policy for all programs:**

- Please keep your child home if, in the last 24 hours, he or she:
- Has had a fever
  - Has had diarrhea or vomited
  - Has green or yellow nasal discharge
  - Has a persistent cough
  - Act or looks ill

**Thank you for your consideration!**

**Community Resources**

**CFC RapArt Center**

1941 South Taylor Road, Cleveland Heights

**Parent Support Group**

Open to all CH-UH families  
 Every 3<sup>rd</sup> Tuesday of the Month, 5:30 – 7:30 p.m.  
 Next session, November 17th.  
 Dinner and Childcare Provided  
 Contact Jeannette Logan-Lane (216) 325-9158

**Ohio Benefits Bank**

- Find out if you are eligible for:
- Children’s health insurance
  - Home Energy Assistance
  - Child care subsidies
  - Food stamps
  - Free tax assistance

Call Arlene Castaneda (216) 320-9520 x2

**Home Repair Resource Center  
 FREE Financial Fitness Classes**

- Nov. 6 - 8 pm** Cleveland Hts. - University Hts. Main Library  
 2345 Lee Road
- 3 Tues. **Power of a Personal Budget**
  - 10 Tues. **Creditworthy Equals Choices**
  - 17 Tues. **Understanding Mortgages & Refinancing**
  - 24 Tues. **Avoiding Delinquency & Foreclosure Intervention**

- Dec. 6 - 8 pm** Cleveland Hts. - University Hts. Main Library  
 2345 Lee Road
- 1 Tues. **Home Maintenance for Home Buyers**
  - 2 Wed. **Power of a Personal Budget**
  - 3 Thurs. **Creditworthy Equals Choices**
  - 8 Tues. **Avoiding Delinquency & Foreclosure Intervention**
  - 9 Wed. **Understanding Mortgages & Refinancing**

[www.hrrc-ch.org](http://www.hrrc-ch.org)

Register by calling (216) 381-6100

**Help is just a phone call away...  
 First Call for Help**

Dial 211 or call (216) 436-2000

This is a free 24 hour telephone information line about all kinds of Cuyahoga County resources to meet your needs.