



Summer Parenting Workshop

Co-sponsored by Heights Parent Center and Recovery Resources

This Parenting series provides education services to parents who want to improve their parenting skills and their relationship with their children.
(Geared towards parents of children up to 12 years old)

MONDAYS
JUNE 22ND THRU AUGUST 3RD
6 - 8:30 P.M.
(Includes dinner)

At the Cleveland Heights University Heights Main Library
2345 Lee Road, Cleveland Heights
The class will be held in the Activity Center (across the bridge)

We believe that every parent has inherent strengths, and this program is designed to bring out those strengths within a structured, educational, supportive and safe environment.

This workshop will ~

- ◆ Identify and implement new communication and family management skills
- ◆ Demonstrate new problem solving and interaction skills to increase family bonding
- ◆ Educate participants about child development
- ◆ Inform parents about effective and positive discipline
- ◆ Focus on the importance of self-concept
- ◆ Discuss ways to improve and maintain these parenting skills



This workshop is **FREE**. Dinner is included. **Registration required.**
Sorry, no childcare available during this session.

To register
Phone: 216-431-4131 x1310
Email: dmenke@recres.org



Heights Parent Center

Funded By: ADASBCC

Recovery Resources